

Everyday / Week 5

#### SERIES OVERVIEW

#### SERIES SUMMARY

A series about growing in faith through the four faith skills.

#### SERIES BOTTOM LINE

Growing a faith that goes with you everywhere, into everything.

#### WEEKLY BOTTOM LINES

WEEK 1: We can connect with God every day. WEEK 2: We can listen to God every day. WEEK 3: We can talk to God every day. WEEK 4: We can talk about God every day. WEEK 5: We can worship God every day.

#### MEMORY VERSE FOR THE WEEK:

TODAY'S VERSE FOR THE WHEEL: Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." (Matthew 28: 18-20)

**NEXT WEEK'S VERSE FOR THE WHEEL:** Let all that I am praise the LORD; with my whole heart, I will praise his holy name. Let all that I am praise the LORD; may I never forget the good things he does for me (Psalm 103:1-2 NLT).

# 1. Worship is to show or express our love, respect, and wonder for God.

He is the one you praise; he is your God, who performed for you those great and awesome wonders you saw with your own eyes. (Deuteronomy 10:21)

If you've joined us here at *Walnut Hill*, then you know music is a big part of what we do. We typically have music playing when you walk in, we sing a few songs together each week, and we try to have some good walkout music set up when you leave. Why? Because we know music has a way of changing the vibe!

When we talk about music at church, we're usually talking about **worship.** That word simply means **to show or express our love, respect, and wonder for God.** When we sing songs here at church, we're using music to express how we feel and what we know to be true about God.

For some of us, this is our favorite part of meeting together every week. We look forward to worship because it helps us connect with God.

But for others of us, it's not like that.

Maybe we feel a little unsure about worship here at church because . . .

It makes us uncomfortable, Or we don't really know how to connect with God when we sing, Or we don't know all the words or what we're supposed to do when we sing, Or we're still figuring out this faith thing, Or we just aren't really into music.

For some of us, connecting with or worshiping God in this way just isn't our style.

You know what? That's totally okay! While singing is a great way to worship God, it's certainly not the *only* way. It's actually possible to worship God in so many other ways than through music. That's because **real worship isn't about the songs we sing; it's about the way we live.** It's about connecting with God and directing our love, our hearts, and our attention toward God.

So, if you find yourself struggling to connect with God here in worship every week, don't worry! Just like your relationship with God is unique to you, the way you worship God can be unique to you. You can worship God wherever, whenever, and however works for you.

You can make it a part of your everyday faith.

### 2. Worship helps us grow an everyday faith.

To help us see what worship can look like, I want us to think about the second king of Israel, a man named **David**.

His story is pretty crazy. He went from being a poor, unknown shepherd to becoming a famous king. His story has everything from heroes and hardships, to bad decisions and big battles, to royalty and repentance. Because of all these ups and downs in his life, David knew how important it was to make time to know and connect with God. So, David got really good at finding ways to worship wherever he was. David was also a musician, and a lot of times, he worshiped God with music and songs. Other times,

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he prayed, worked, or even sat in silence. Eventually, he wrote down a lot of his experiences with worship in a book of the Bible we know today as the Psalms.

Take a look:

## Let all that I am praise the LORD; with my whole heart, I will praise his holy name. Let all that I am praise the LORD; may I never forget the good things he does for me (Psalm 103:1-2 NLT).

I think it is also important to note that when David used the word "let" here, he was commanding his soul, heart, and mind to praise God. Sometimes, we don't feel the feels when it comes to worship. We don't feel super emotional and spiritual all the time. And it is in those times when remembering that David commanded his heart, soul, and mind to worship will come in handy for us.

It's kind of weird to think about commanding ourselves to do something, right? Well, think of how a really committed athlete approaches training.

Sometimes, there is a distance between what we *feel* like doing and what we *want* or *need* to do. In other words, we don't always feel like doing what we want or need to do. That's what it means to command ourselves to do something—like worship—when we're uninspired or unmotivated. We do it anyway because we know that, in the end, it's worth it. **It helps us grow an everyday faith.** 

Second, worship helped David understand some really important things about God. It helped him remember all the good things God had done. It helped him focus on what was true about God. And ultimately, it helped him know God better.

### 3. We can worship God every day.

If you're one of those people who shows up here every week and loves singing along in worship together, that's awesome! But if you're not, that's okay, too. **You can worship God every day** in your own unique way.

When you use your gifts and talents to help someone else, that's worship. When you use your words to encourage another person, that's worship. When you pray or talk to God, that's worship. When you see all the cool things God has created in the world around you, that's worship.

Whatever it is for you, make the effort to find a way to connect with God in worship this week. Let it become part of your growing, everyday faith!

TODAY'S VERSE FOR THE WHEEL: Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." (Matthew 28: 18-20)

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